



ANNUAL REPORT

2022/2023

Mission Statement

Shelter Movers is a national, volunteer-powered charitable organization providing moving and storage services at no cost to individuals and families fleeing abuse. We collaborate with local businesses and community agencies to support people, primarily women and children, as they transition to a life free of violence.

Vision

A world where survivors can move on from abuse and violence in power and dignity.

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CHAPTER HIGHLIGHT

June 2022:

YWCA Cambridge presents Waterloo Region Chapter Director, Courtney Waterfall, with the Women of Distinction Award for Pandemic Innovation.

IMPACT

1,150
Children moved
in 2022-23

Message from our Founder

It is a pleasure and privilege to share Shelter Movers' many successes and milestones of 2022-23. This year marked the inauguration of our 2022 - 2025 strategic plan, which prioritizes strengthening key functions, fostering a growth-minded structure, and securing long-term, sustainable funding. I am proud to report significant progress in all three areas, as you will read below.

As the pandemic tapered, we hoped the high rates of gender-based violence would also dissipate. Unfortunately, requests for assistance continued to climb, underscoring the ongoing prevalence of abuse in our country. As always, our dedicated staff and volunteers rose to the occasion, mobilizing nearly 1,600 times for families in need, with grace, efficiency and compassion.

Our seventh year in operation also included an historic growth opportunity. A transformational, multi-year partnership with Women and Gender Equality (WAGE) Canada set the stage for *The Prairies Scale Up* project. Along with support from our local and national business partners, this powerful mix of public and private contributions brings to life our vision for a country where everyone plays a role in ending gender-based violence.

We also witnessed growth within chapters. To help address the needs of survivors in rural communities, Ottawa extended its services to surrounding Lanark County, as did our Nova Scotia team in Truro. This marks a new area of growth for our organization, supporting survivors wherever we are needed.

It is truly inspiring to watch Shelter Movers' growth and evolution from an idea in 2016 to the national organization we know today. Thank you for being part of this journey to making our country a safer, more dignified place for everyone.

Marc Hull-Jacquin
Founder | Chief Executive Officer



CHAPTER HIGHLIGHT

October 2022:

Shelter Movers Montréal Region is awarded the 2022 Peace Medal by the YMCAs of Québec.

IMPACT

5,598
All-time
total moves

Message from our Board Chair

Thank you to Shelter Movers donors, volunteers, staff, community members and partners for yet another landmark year. While for most it may feel as though the darkest days of the COVID-19 pandemic are behind us, we have continued to see growing need for Shelter Movers' services directly as a result of the increased isolation experienced by many during the pandemic. We would not have been able to meet this demand without your support.

Our work in 2022 focused on bringing support to isolated communities in more ways than one. This includes a growing focus on servicing rural populations, where the need for access to transportation and moving services is felt more acutely than in urban areas. We also announced a significant investment from Women and Gender Equity Canada in December 2022, which will allow us to expand into yet further underserved areas. This is starting in 2023 with an expansion into the Canadian prairies and imminent openings of chapters in Edmonton and Calgary.

While we continue to grow, we will also continue to focus on improving the services offered to our existing clients. In order to succeed in this crucial work, we implore you to stand beside us and amplify our impact. Your continued support is not only appreciated, but it is essential to driving meaningful change.

Thank you again on behalf of the entire Board.



Danielle Muise
Board Chair



CHAPTER HIGHLIGHT

December 2022:

The Toronto Raptors partner with Shelter Movers Greater Toronto to move 15 families and assemble customized household supplies.

IMPACT

19,831
Mover hours

Embracing Inclusivity: Shelter Movers' Commitment to All Survivors

Shelter Movers remains steadfast in its commitment to adapting and improving services for survivors seeking refuge in the face of gender-based violence. This year, we took a significant step forward by redefining our mission statement to embrace inclusivity and ensure that it reflects the reality of those we serve.

As an organization dedicated to breaking the cycle of abuse, we realized that our previous mission statement, while well-intentioned, inadvertently excluded certain groups from accessing our services. By primarily emphasizing our support for women, we unintentionally discouraged trans individuals, men, and those identifying as non-binary from seeking the help they deserve.

Transgender and gender non-conforming individuals are two to six times more likely to experience sexual assault during their lifetime (Statistics Canada). These alarming figures reinforced our dedication to fostering an inclusive environment that addresses the distinct needs of every survivor, irrespective of their gender identity or expression.

Our vocabulary shapes how we think and perceive the world around us. Updating Shelter Movers' mission statement is a reflection of our collective commitment to ending the cycle of violence in all its forms, so no one is left behind.

Prairies Expansion



Women and Gender
Equality Canada

Femmes et Égalité
des genres Canada

In the wake of increasing gender-based violence in Alberta and across Canada, Shelter Movers rose to the occasion in December 2022, with an ambitious, four-year, \$3M initiative, funded by the Government of Canada.

This transformative investment, announced by the Honourable Marci Ien, Minister for Women and Gender Equality (WAGE) and Youth, will enable Shelter Movers to expand to the Prairies, starting in Calgary and Edmonton. Between 2023 and 2026, uniquely tailored, community-based, survivor-centred moving service will reach thousands of families in crisis across the region, providing a vital lifeline for survivors fleeing abuse.

We understand the most dangerous time for survivors is when they express their intention to leave their abuser. With support from the Government of Canada, we can alleviate part of that burden by providing free, survivor-centred assistance to safely move families out of violent households.

This funding will allow us to recruit and deploy additional movers and drivers, all of whom will be specially trained and vetted to work with people who have experienced violence. We anticipate this will considerably enhance our ability to meet the increasing demand for frontline services in Alberta and beyond.

In these challenging times, over 1,700 volunteers (2022) remain the backbone of our organization, moving 127 families in crisis each month. With this new funding, we will be able to support even more survivors of gender-based violence.

The *Prairies Scale Up* project stands as an example of promising practices that strengthen the sector and improve support for people impacted by gender-based violence. As we embark on this journey, we express our deep gratitude to WAGE and the Government of Canada for their unwavering commitment to ending gender-based violence.

NATIONAL HIGHLIGHT

January 2023:

Shelter Movers celebrates its 5,000th move milestone!

IMPACT

348
Referring agencies

127
Moves each month

Shelter Movers Greater Moncton: A Response to the Rising Need



In January 2023, Shelter Movers marked a milestone in its ongoing commitment to eradicating gender-based violence by launching its seventh chapter in Moncton, New Brunswick. The need for our services in the region is urgent: 37% of people experiencing homelessness in Moncton are survivors of family conflict and spousal abuse.

Led by CEO and founder Marc Hull-Jacquin, the launch event saw a successful collaboration of dedicated volunteers, business partners, and community members.

In its inaugural year, Shelter Movers Greater Moncton raised much-needed awareness of the challenges faced by survivors fleeing abuse. Bolstered by over 40 trained volunteers, we provided essential moving and storage services free of charge, assisting 100 individuals and families to a life free of violence.

The Honourable Ginette Petitpas Taylor, Minister of Official Languages and Minister responsible for ACOA, MP for Moncton-Riverview-Dieppe, was instrumental in establishing this initiative, acknowledging the invaluable role of Shelter Movers in the community, and the lives that will be saved through our services.



“

To know now that we're going to have an organization that we'll be able to call and make those arrangements is going to make a huge, huge difference in our lives. Those types of services are going to save lives.”

– **Honourable Ginette Petitpas Taylor**
Minister of Official Languages
MP for Moncton-Riverview-Dieppe



Extensions to Lanark County & Truro: The Reality of Gender-Based Violence in Rural Canada

In rural Canada, gender-based violence silently torments countless individuals and communities. As Shelter Movers expands into Lanark County, Ontario, and Truro, Nova Scotia, we shine a spotlight on the prevalent issue of gender-based violence in these rural areas.

Women residing in rural areas of Ontario experience rates of intimate partner violence almost twice as high as their urban counterparts (Women and Gender Equality Canada). Similarly, femicides committed using firearms in small and rural communities in Nova Scotia have seen significant increases from 2017 to 2020 (VAW Learning Network). These harrowing figures serve as a stark reminder of the dire circumstances faced by individuals within these communities.

Rural Canadians faces unique challenges in addressing gender-based violence. Limited resources and accessibility barriers compound the struggles survivors face when seeking support. Anonymity and confidentiality are more difficult to maintain in smaller communities. Many rural areas lack sufficient services (public transit, taxi service), leaving survivors with few options and limited access to critical assistance.

Shelter Movers recognizes the pressing need to extend support to these areas and provide survivors with a lifeline of hope. By establishing a presence in Lanark County and Truro, we strive to bridge the gap in services, providing survivors with the essential assistance they need to escape violence and rebuild their lives.

“

It's hard to leave...fear of the unknown, lack of finances, or the stories we tell ourselves.

But I love him.
He's not always this way.
How can I survive on my own?

The stories I tell myself are slowly changing.

I don't need him.
He's not going to change.
I will survive on my own.

Thank you so much for all the support that I received from Shelter Movers.”

– Teresa
Survivor

**Teresa is a pseudonym to protect the identity of the survivor.*

IMPACT

1,579
Moves planned
and completed
in 2022-23

Volunteer Spotlight

Todd Burnside

Hailing from Kitchener-Waterloo, Todd Burnside has demonstrated his dedication to survivors since his very first move, on a very cold day in February 2021.

Todd's volunteer experience has profoundly impacted his perspective on gender-based violence. He admitted to having little awareness of the extent of the issue in Waterloo Region and the layers of assistance survivors require.

Reflecting on a memorable moment, Todd shared a deeply touching story where a client, initially stressed throughout the packing process, took a moment to express her gratitude to the move team. She revealed that without Shelter Movers' assistance, she would have had to replace all her belongings, which would have left her in a severe financial situation. It dawned on him that our services not only provide practical support in the form of physical moves but also contribute to the long term financial stability and overall well-being of those we assist.

The realization that a simple act of helping someone relocate their belongings could have such profound implications deeply touched Todd, and highlighted the urgent need for organizations like Shelter Movers. He recognized that his support not only enables survivors to escape dangerous environments but also empowers them to rebuild their lives with dignity and security. He has witnessed the visible transformation on survivors' faces, from fear and uncertainty to relief and hope, as they take the courageous step to leave violence.

Recently, Todd completed his 100th move, and had the fortune of joining the Shelter Movers Waterloo's 100th, 200th, and 300th moves. With every move completed and every milestone achieved, Todd stands as a symbol of hope, compassion, and resilience.

“

My very first move, we moved a lady out of her home to a shelter. 6 months later, I was on a move and started recognizing her belongings. I was moving her into her new home. It was a full circle moment. That was kind of cool.”

– Todd Burnside

Volunteer Mover & Driver,
Shelter Movers Waterloo Region

CHAPTER HIGHLIGHT

January 2023:

Shelter Movers Greater Moncton celebrates its official launch, completing 50 moves by July 2023.

Survivor Spotlight

Rebekah Hansen

After experiencing multiple forms of gender-based violence throughout her life, including abusive relationships and sexual assault, **Rebekah Hansen** is on a transformative journey of healing, self-discovery, empowerment, and advocacy. Rebekah found support in counseling, discovered her talent for writing and poetry, and is now the Chapter Director for Shelter Movers Edmonton. She says that if Shelter Movers had been there when she needed it, it would have been invaluable and alleviated the stress and barriers to moving forward. She is thrilled to be part of an organization that fills such a critical gap in services.

Can you share how you define your journey as a survivor of gender-based violence?

It has been a bit of a whirlwind to say the least. I recall in my teens, as a result of a sexual assault, having a burning desire to advocate for change to the laws that were supposed to protect women and girls but were just not doing enough.

I was raised that women and girls were to be submissive and obedient to men, regardless of how they treated us. It took me decades to unravel the harmful and distorted views that were indoctrinated in me since birth, to learn my worth, and ultimately find my voice.

It was a long process and took a lot of work but it was worth every ounce of energy to learn, heal, and grow. It's a love story, one where I discovered my authentic self, my worth, my values, and all the things that made me uniquely me. I fell in love with the person I had always been and continued to grow each day to an even better version of myself.

What support systems did you find most helpful?

Accepting help was hard but key. Getting counseling from a qualified trauma therapist helped me immensely. It's hard work that no one can do for you but the benefits are immeasurable. Driving home from one session, I pulled over to record an emerging poem which became a source of healing and a means to convey my story.

When my ex went on a distortion campaign I quickly learned who my people were. My support system became small but mighty.

For 7 years, I worked at a women's shelter in various roles. Turning pain into advocacy has been a powerful part of my journey. One client once told my supervisor, "Rebekah sure knows how to empower women!" I can't think of a better compliment.

What societal changes do you believe are necessary to effectively address and prevent GBV?

The laws need to catch up. Some recent strides made in Canada over the past few years are:

Bill C3: Requires newly appointed federal judges to agree to undergo training on systemic racism and on sexual assault.

Clare's Law (in Alberta): Allows those at risk of gender-based violence to access information on their partner's criminal history..

Changes to the Divorce Act: Includes a legal definition of family violence and compels the courts to take into consideration specific issues around family violence.

Bill S12: Enhances publication bans relating to survivors' identities, reducing the possibility that survivors may be criminally charged.

“

Those in leadership need to set the example and it needs to be passed down through communities and family systems. Abuse is not normal and we need to stop normalizing it. We need to believe survivors and ensure they have the support and resources they need to transition to a life free of violence.”

– **Rebekah Hansen**
Survivor

How has your lived experience impacted your relationships with others?

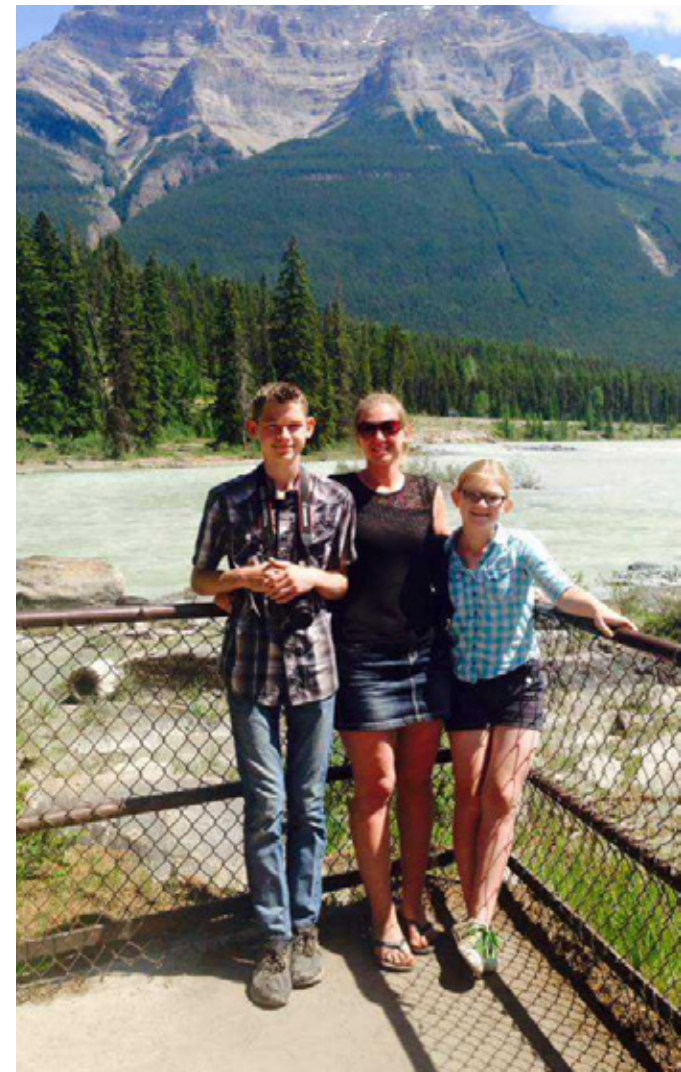
Initially it was devastating, isolating, and reduced my support network. In the end I learned who my people were, I learned to be more selective about who I let into my life.

It was hardest when my kids were young because there were times I didn't have the energy to give them the attention they deserved. Some days surviving was all I could do. Then on top of that to feel like you aren't giving enough attention to your kids at a time that they too are struggling; it's heartbreaking and you feel like a failure

on those days. Patiently waiting for the relationship to improve felt like time was standing still. I can't express enough how grateful I am for the beautiful relationship I have with my kids today.

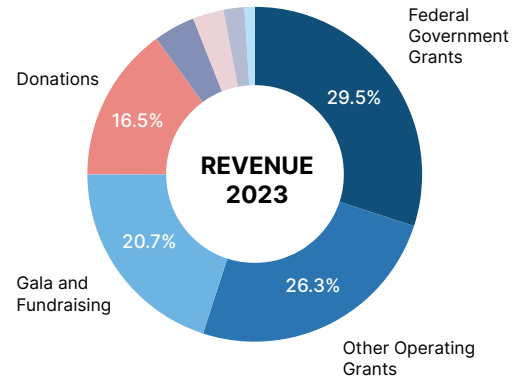
How can communities and individuals best support survivors of GBV?

Believe them and listen without judgement. Avoid giving unsolicited advice or questioning them. You can ask if they want help finding resources or ask what they need. Just remember, they are the expert in their own story.

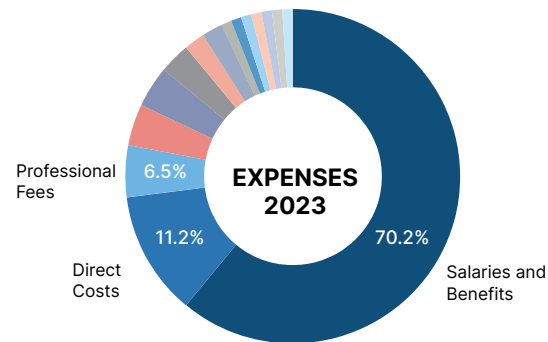


Financials Audited Financial Statement as of March 31, 2023

REVENUE	2023	2022
Federal Government Grants	\$1,034,641	\$620,597
Other Operating Grants	\$923,733	\$259,429
Gala and Fundraising	\$725,402	\$280,137
Donations	\$578,580	\$810,420
Municipal Government Grants	\$101,590	\$119,693
Provincial Government Grants	\$74,296	\$101,345
Government Assistance	\$64,717	\$57,216
Interest Income	\$3,018	\$581
TOTAL	\$3,505,977	\$2,249,418



EXPENSES	2023	2022
Salaries and Benefits	\$2,340,203	\$1,472,914
Direct Costs	\$373,880	\$347,743
Professional Fees	\$217,588	\$172,440
Office Supplies and Expenses	\$90,685	\$42,014
Gala and Fundraising	\$75,056	\$14,278
Insurance	\$46,057	\$11,319
Telephone	\$41,970	\$33,057
Rent	\$40,581	\$28,695
Legal Fees	\$26,024	\$32,143
Advertising	\$22,861	\$22,867
Audit Fees	\$16,551	\$9,697
Travel	\$16,361	\$3,048
Donation Processing Fees	\$16,042	\$9,079
Bank Charges and Interest	\$7,527	\$5,190
Amortization of Capital Assets	\$269	\$268
TOTAL	\$3,331,655	\$2,204,752
Excess of revenue over expenses	\$174,322	\$44,666



To view the complete Audited Financial Statement, please visit our website:
www.sheltermovers.com/reports

CHAPTER HIGHLIGHT

February 2023:

Shelter Movers Nova Scotia celebrates its 600th move milestone!

IMPACT

806
Volunteers recruited in 2022-23

1,704
All-time total volunteers

Donors, Partners, and Sponsors

Moving more families, together.

Year after year, Shelter Movers' compelling vision brings together everyday individuals, charitable foundations, governments and businesses to stand with families in crisis. The passion and resilience of our volunteers is matched only by the generosity of our incredible local and national sponsors and donors. The powerful combination of financial support, donated goods and services and volunteer labour creates real, tangible change, making Canada a safer, more dignified place for survivors on their journey to a life free of abuse.

Thank you to every donor, partner, and sponsor for your contribution.

OVER \$25,000

Canadian Women's Foundation
City of Ottawa
Emera Incorporated
Fondation Choquette-Legault
Government of Canada
MacDonald & Associates
Mantella Corporation
McCarthy Tétrault
Molson Foundation
P. & L. Odette Charitable Foundation
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The Jim Meekison & Carolyn
Keystone Foundation
Toronto Foundation
Walsh Foundation
Weston Wood Solutions
Zukerman Family Foundation

\$10,000 – \$24,999

Accelerant Insurance
Andree Rheame and Robert Fitzhenry
Family Foundation

Armour Foundation
Bank of Montreal (Beaches Branch)
BigSteelBox
Bombardier
C.M.S Electrical Group Ltd.
Caisse Populaire Acadienne
City of Moncton
ContainerWest Manufacturing Ltd.
Door Dash
Eastern Storage Inc.
Financeit Canada
Firemen Movers
First International Courier
Fondation J.A. DeSève
H.O.P.E.
Humberview Group
IBEW CCO Organizing Fund
J.P. Bickell Foundation
Michelle Esposito
Mini Mall Storage
Montreal Mini Storage
Mortgage Professionals Canada
New Brunswick Children's Foundation
Ontario Realtors Care Foundation
Ottawa Community Foundation
Ottawa Dragon Boat Foundation

Penske Truck Rental
Perth and District Community Foundation
Pockit Self Storage
Power Corporation du Canada
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reSolved
Sandra Murray
SmartStop Self Storage
Spotlight Audio Visual Industries Inc.
TD Private Giving Foundation
TELUS Friendly Future Foundation
The George W. Wilson and Teresa Madelyn
(Merriam) Wilson Foundation
The Johnston Family Foundation
The Lillian and Norman Glowinsky
Family Foundation
The Michael McLean Foundation
The Tenaquip Foundation
The Tippet Foundation
Vaultra Asset Management Corp.
Walden Family Foundation
Walker Wood Foundation
XYZ Storage

CHAPTER HIGHLIGHT

March 2023:

Shelter Movers Vancouver
grows to more than
230 team members!

IMPACT

5,224km

Longest move in 2022-2023:
Montreal, QC to London, ON

Donors, Partners, and Sponsors

\$5,000 – \$9,999

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Assumption Life
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The Hawkey Family
The Roof Garden Foundation
The Stephen and Jocelyne Greenburg Family Foundation
West Egg Security

\$500 – \$4,999

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Doli Kirkish
Domino's Pizza Cambridge
Don Upchurch
Dr Chloe C McAlister Medicine Professional Corp
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Elizabeth Blakely Fund

CHAPTER HIGHLIGHT

April 2023:

Atletico Ottawa launches the “Making it to Safety” special edition match jersey, in partnership Shelter Movers Ottawa

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 Jeff Phillips
 Jenney Wang
 Jessica Yakubowicz
 Jewish Foundation of Greater Toronto
 Jo-Anne Ryan
 Joey Vogel

John Hastings
 John Leclair
 John Matthew Macaskill
 John Sacke
 JOLCAR Security Services
 Jouella D'souza
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 Lorna Buchanan
 Lucy Durocher
 Lynn Benson
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 Major Drilling
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 Marc Champoux
 Margaret Bloodworth
 Mario Sgro
 Maritime Professional Movers Incorporated

Mark and Laurie Wheatley
 Mark Ewald
 Mark Herzog
 Marla Buck, Max Levitt & Orli Levitt
 Marni Wolfe
 McKellar Structured Settlements Inc.
 McWilliam Financial Inc
 Melanson Storage
 Meritview Decorating Ltd.
 Metro Self Storage
 Michael Pytura
 Michelle Montemurro
 Moe Norman Memorial Fund
 Murray & Associates
 Natalie Martin
 Natasha Sabur
 Nathalie Trotter conférencière et artiste peintre
 Nextround.ai
 Normandin Chris LLP
 Paul Taylor
 Pedro Miguel Pereira
 Peter Ekstein
 Peter Hsiao
 Peter Obradovich
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We'll find the hands to help.*
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